

KING HENRY VIII PREPARATORY SCHOOL

POLICY ON ANTI-BULLYING – October 2009

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Q. What is bullying?

A. Words or actions intended to hurt.

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Bullying can be physical

- hitting.
- kicking.
- punching.
- biting.
- pinching.
- Throwing.
- any action intended to hurt.

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Bullies can also use words to tease about someone's

- Shape. Religion.
- Colour. Accent.
- Looks. Race.
- Intelligence. Culture.
- Nationality.
- Family.

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Bullies may hide people's books, pens, shoes - or any other belongings

- In order to make them upset.
- Or to get them into trouble.

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Bullies exclude people and encourage others to do the same, they may text/email/photograph unkindly

- They may leave people out of games. or refuse to share a book or seat.
- They might refuse to clear a plate or lend a pencil.
- They may try to bribe you.
- Deliberately ignoring someone can be bullying.

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How do bullies act?

- Sometimes alone - sometimes in groups.
- Bullies often get others to do their bullying for them; they have the ideas, but don't want to be caught bullying.
- Bullies can sometimes operate outside the school premises e.g. at a party or sleepover, emailing,
- They might send photos or texts.

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What do bullies look like?

They come in all shapes and sizes ...

- all ages
- boys and girls
- men and women

Bullies are not always obvious.

Sometimes they appear to be popular.

Bullies like having power over people.

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What do I do if I see someone being bullied?

Support him/her—don't only help your friends or someone in your class but support all victims, even those you may not like.

You know that bullying is wrong.

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How do I support someone?

- get adult help.
- be kind to the victim.
- stick up for him/her.
- tell the bully he is bullying.

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- Don't ignore bullying because it doesn't involve you.
- Don't enjoy bullying.
- Watching someone being bullied and doing nothing is much the same as doing the bullying yourself.

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What do I do if I am bullied?

Tell someone you trust

- A friend.
- A senior pupil.
- Your Form Teacher.
- Any member of staff
- Your parents.

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What will the School do if I am bullied?

The School will support you.

It will try to stop the bullying by talking to you and the bully.

It will try to discover the reason for/cause of bullying.



If necessary, your parents and the bully's parents will be asked to meet the Deputy Head/ Assistant Head or the Headmaster to discuss the problem.

The School will listen to all worries about bullying. Sanctions will be imposed on a bully, a week day Detention and then if needed Saturday Detentions will be given along with further consultation with parents. If satisfactory progress is not made the Head will be informed and a pupil may be suspended from school for a period of time.

If the bullying does not stop after efforts have been made to stop it, the bully can expect to be permanently excluded.